



**Peanut
Butter
Dip**

1/2 Cup peanut butter
1/2 Cup plain yogurt
2 tablespoons honey
Apple slices, banana slices, celery sticks, carrot sticks or other cut fruit and vegetables

In a small bowl add peanut butter, yogurt and honey. Stir together until well blended. Serve with cut fruit and vegetables of your choice.

<http://www.kids-cooking-activities.com>